



# TEACHER TRAINING OPEN HOUSE

**SUNDAY, MAY 2, 2021 2-5:30PM**

Please join us at Cornerstone Pilates for some complimentary reformer classes, raffles, healthy refreshments, and Q&A from experienced Polestar instructors and educators.

## SCHEDULE OF EVENTS

2:00 PM - 2:50 PM Complimentary Reformer Class #1

3:00 PM - 3:50 PM Complimentary Reformer Class #2

4:00 PM - 4:50 PM Complimentary Reformer Class #3



Scan Code to  
Schedule Class time

There will be Polestar trained teachers leading each class and can answer questions during class.



2011 N. Collins Blvd., Ste 601  
Richardson, TX 75080

(972) 325-4441

[www.RichardsonPilates.com](http://www.RichardsonPilates.com)